Salisbury Health Care NHS
Enuresis Clinic NHS Trust

Day-Time Urine Volume Chart

If your child has problems with an urgent need to micturate (void, urinate, pee, wee), micturates very frequently or experiences day-time wetting then please read on.

In assessing day-time problems it is very useful to record how frequently your child micturates and how much urine is produced each time. We would therefore be grateful if you could complete a two day diary of your childs micturition.

This is best completed over a weekend. We suggest a jug is placed next to the toilet for measurement. Girls may have difficulty micturating into a jug and another container such as a potty may be useful.
Do not attempt to measure urine volume if your child wishes to open their bowels (poo).

Please record the day, time and volume of urine. It would also be useful to record any accidents.

Bring this to your clinic appointment . Do not post.

Date & Time	Volume of Urine (ml)	Notes
example *Sat 8:30 pm*	*150 ml*	*Pants were already wet*

Date & Time	Volume of Urine (ml)	Notes